

Live to the Age of 100.

In the "Interesting People" department of the August American Magazine appears an article about Henry F. Swanpack, the oldest Odd Fellow in America who lives at the age of 100 at Greenwood, Nebraska. Mr. Swanpack was a boyhood friend of Bismark's. His grandfather lived to be 117. Following are his rules for living to be 100:

"Go to bed early and get up early.

"Never sleep in a heated room.

"Keep fresh air in the sleeping room.

"Sleep out of doors in summer—winter, too, if it can be arranged.

"Drink plenty of fresh water.

"Use very little red liquor.

"As old age comes on take, each morning, a small wine glass of one-third glycerin and two-thirds good whiskey.

"Smoke as often as you please but do not inhale the smoke, or blow it out through the nostrils.

"If you are unfortunate enough to lose your wife, get another. It is not good for man or woman to live alone.

"Don't worry over anything. Worry kills more people than disease.

"Keep an even temper at all times. Be cheerful at all times.

"Keep the feet dry and the head clear.

"Never eat meat. A little chicken will not harm one, but must not be eaten too often.

"Eat plenty of fresh fish.

"Do not drink coffee.

"Keep away from sweet stuff. It ruins the stomach and kidneys.

"Take plenty of outdoor exercise. Walk a great deal.

"Follow these rules, and any normal man can live to be one hundred."

A Medicine Chest for 25c.

In this chest you have an excellent remedy for Toothache, Bruises, Sprains, Stiff Neck, Backache, Neuralgia, Rheumatism and for most emergencies. One 25c. bottle of Sloan's Liniment does it all—this because these ailments are symptoms, not diseases, and are caused by congestion and inflammation. If you doubt, ask those who use Sloan's Liniment, or better still, buy a 25c bottle and prove it. Sold by Paull Drug Co. Ad

Mystery Party.

If you are looking for some form of novel entertainment, give a mystery party. Not long ago a hostess entertained at a party which was a great success. She led us into a darkened room, and, when all were seated, she brought in a shingle on which were placed three candles. This shingle was set on a low table in full view of all, and the candles were lighted.

When all was quiet, she began

a weird ghost story, in the weirdest part of which the first candle went out; in a few minutes more the second candle went out, to the increased amazement of the spectators. When the story reached its thrilling climax and the third candle mysteriously went out, there was a rush for the door, and the hostess felt that her scheme was a success.

The candle extinguishing is easily explained. The wick of each had been previously cut, and each was cut a different distance from the top of the candle. This is done with a sharp knife, and the two pieces of the candle are then pressed together, so that the cut cannot be detected. If any difficulty is found in making the two parts stick together, it is overcome very simply by heating the wax very slightly before replacing.

Constipation Causes Most Ills.

Accumulated waste in your thirty feet of bowels causes absorption of poisons, thence to produce fevers, upsets digestion. You belch gas, feel stuffy, irritable, almost cranky. It isn't you—it's your condition. Eliminate this poisonous waste by taking one or two Dr. King's New Life Pills to-night. Enjoy a full, free bowel movement in the morning—you feel so grateful. Get an original bottle containing 36 pills, from Paull Drug Co., to-day for 25c. Ad

Law and Gospel.

Editor News:

Please allow me a little space for a few words on law and gospel, or the old and the new covenants.

The law came through Moses and was an imperfect covenant. The new or gospel covenant came through Christ and is a perfect covenant. The old made nothing perfect. The new perfects forever all who get its full benefit, and this we may have in this life. We may be made perfect and entire, wanting nothing.

The old covenant had a shadow of good things to come. The new has the good things themselves. Under the old there was a remembrance made of sins year by year. Under the new our sins are taken away and remembered no more forever; no more consciousness of sins. Under the old, law was written in tables of stone. Under the new the law of love is written in our hearts and minds. Under the old it was an eye for an eye and a tooth for a tooth. Under the new it is good for evil and love for hate. Under the old they used carnal weapons to defend themselves and to uphold their laws. Under the new our weapons are not carnal, but we overcome evil with good.

Under this covenant if a brother is overtaken in a fault, we

are to restore such a one in the spirit of gentleness; but if he refuses to hear us, then he is to be unto us as a heathen and a publican. He is without and we are done with him. For what have we to do to judge them also that are without! do not we judge them also that are within? But them that are without God judgeth.

The following on the mission of the church is from a sermon by the pastor of the First United Presbyterian church, Los Angeles, Cal.,

"The social problem is acute to-day, and the church recognizes the problem. The church must know and must declare the solution of the problem. Her great commission includes this command: 'Teaching them to observe all things whatsoever I command you!' What did he command? To love God supremely and to love one's neighbor as one's self

"These two commandments elaborated contain the key to the whole situation. This the church must teach. The church cannot enforce. She is not the executor. The church is to point the way.

"The church must furnish the ideal for the social order, but she cannot legislate. She must inspire men to enact ideals into realities—even at great cost, even at the cost of life itself. Political power, the church has none, but she must furnish the ideal for political power.

"The church is the teacher, breaking her heart over dull and unwilling scholars, but with power only to pray and plead and lead. This is the church's relation to the social problem and eventually she will win."

T. B. Lyon.

Your cough can Be Stopped.

Using care to avoid draughts, exposure, sudden changes, and taking a treatment of Dr. King's New Discovery, will positively relieve, and in time will surely rid you of your cough. The first dose soothes the irritation, checks your cough, which stops in a short time. Dr. King's New Discovery has been used successfully for 45 years and is guaranteed to cure you. Money back if it fails. Get a bottle from Paull Drug Co., it costs only a little and will help you so much. Ad

An Unusual Summer

According to the weather bureau in Louisville the present summer has been a very unusual one. Never before in the records of the last forty-two years at the weather bureau has the thermometer failed to reach 90 degrees by July 10. The warmest day of the year to that time was in April when it reached 89 degrees. There has been an unusual amount of rainfall this summer, especially in the pres-

ent month. The "weather man" does not place much credence in the stories to the effect that the canonading in Europe has been causing undue precipitation in this county. Rain depends on the condition of the atmosphere, he said, and can only come when the atmosphere is saturated, which is always fullest of moisture when the ground is wet and the streams flowing.

Is Sickness A Sin?

If not, it's wicked to neglect illness and means of relief. It's wicked to endure Liver Ills, Headache, Indigestion, Constipation, when one dose of Po-Do-Lax gives relief. Po-Do-Lax is Podophyllin (May Apple,) without the gripe. It arouses the Liver, increases the flow of bile—Nature's antiseptic in the Bowels. Your Constipation and other ills disappear over night because Po-Do-Lax has helped Nature to remove the cause. Get a bottle from Paull Drug Co., to-day. Get rid of your Constipation overnight.

Obituary of James T. Hughes

James T. Hughes, one of the most widely known and highly respected citizens of Johnson Co., died July 22nd 1915, at his home near Denton, Johnson Co., Mo. J. T. Hughes was the son of Absolum and Louisa Hughes, was born in Adair Co., Ky., September 7, 1848. His father died when he was but a child. On Sept., 25, 1854, his mother was remarried to W. T. Roberts, and 1855 with her family, came to Missouri and settled on a farm in Johnson Co., near Denton, where they lived the remainder of their lives.

James F. Hughes was an industrious and obedient son, and remained on the farm with his step-father and mother, until he grew to manhood. March 8th, 1875 he was married to Frances L. Wall and located on a farm in the same community where he lived, turning his attention to farming and stock raising in which he was eminently successful. To this union were born three children; Effie L., Manford R. and T. DeWitt Hughes. Mr. Hughes was not only a good and successful farmer but a wise and successful business man, and looked well to the interest of his family, and was successful in gathering about him a sufficient amount of this world's goods to make his home one of the most beautiful and attractive in the community in which he lived. While a successful trader he was honest and upright in all his dealings and made many friends in a business way and won the confidence and respect of all who knew him. About 35 years ago Bro. Hughes was converted in a meeting held by the Rev. J. H. Houx at old Bear Creek church in the community in which he lived, and United with the Cumberland Presbyterian Church at this place. Soon after he was

made an Elder in that church. When the New Liberty Church was organized he transferred his membership, in which he was a ruling Elder the remainder of his life. He was an active worker in the church and a faithful leader of the Sunday School. The writer, who was his pastor for several years, takes pleasure in testifying to his faithfulness and devotion to the church which he dearly loved. He had been in failing health for some time and, realizing that his stay here on here on earth was limited, made the necessary arrangements for his funeral and burial, talked to the family about their individual interest and charged his children to look well to the interest of their mother. He told his wife and children that he must soon die and that, "All was well," and that the writer be called to preach his funeral. His life was a great success and leaves an influence that will be felt through the ages to come. He was a member of the Masonic Order, under the direction of which his funeral was held. At the time of his death he was 66 years, 10 months and 15 days old.

He is survived by his wife and three children, two-sisters, Mrs. Laura P. Moore, and Mrs. Cora Aakins, of Montana, and three-brothers, J. E., and George W. Roberts, of Denton, Mo., and J. M. Roberts, Montana.

His funeral was preached at New Liberty Church, Friday, July 23rd, at 2:30 p. m., in the presence of an exceptionally large congregation of sorrowing friends, using as a text, Acts 11 chapter, and 24th verse:—"For he was a good man and full of the Holy Ghost and of faith; and much people was added unto the Lord," after which the body was laid to rest in the Wall cemetery with Masonic honors. To the bereaved family and friends, we would say, "He is not dead but sleepeth." Z. T. Orr.

Despondency Due to Indigestion.

"About three months ago when I was suffering from indigestion which caused headache and dizzy spells and made me feel tired and despondent, I began taking Chamberlain's Tablets," writes Mrs. Geo. Hon, Macedon, N. Y. "This medicine proved to be the very thing I needed, as one day's treatment relieved me greatly. I used two bottles of Chamberlain's Tablets and they rid me of this trouble." Obtainable at Paull Drug Co.

A Maine man is living on ten cents a day, marvels an exchange. Huh, than's nothing. An Ohio man is living on—his relatives.

For a sprained Ankle.

If you will get a bottle of Chamberlain's Liniment and observe the directions given therewith faithfully, you will recover in much less time than is usually required. Obtainable at Paull Drug Co. Ad